

TALKING WITH YOUR LEGISLATOR

1. Introduce Yourself

- My name is...
- I live in...
- I'm here because... (Epilepsy Advocacy Day at the Capitol)

2. Briefly Explain Epilepsy and Its Impact on Your Life

- Epilepsy is when someone has recurrent and unprovoked seizures.
- Seizures involve sudden, temporary, bursts of electrical activity in the brain that change or disrupt the way messages are sent between brain cells. These electrical bursts can cause involuntary changes in body movement or function, sensation, behavior or awareness.
- Seizures can be triggered by a wide variety of things including flashing lights, sleep deprivation, stress, hormonal changes, and more.
- *Optional* I/My Child/Spouse/Friend has had seizures since... and it impacts me/them by...

3. What Are You Advocating For

- I'm advocating in support of Proposed Bill #6023: An Act Concerning Seizure-Safe Schools
- This bill will require school personnel to complete a seizure recognition and first-aid response training, mandate that a seizure action plan be made for all students at risk for seizures, and ensure that students will be administered their prescribed epilepsy medications.

4. Why Are You Advocating For It

- How would this bill impact your life if passed?
- Is there a life experience that makes this priority important to you?
- Do you know someone that this bill would help?
- Why do you think this bill is a good idea?

5. Make the Ask

- Encourage them to support the bill if they see it up for vote

6. Say Thank You

- Thank you for your time and meeting with me.
- Give them the Seizure Safe School Handout
- Ask if they are willing to take a photo

